

Horse School Modules 1-6 Learning Objectives



Module 1: Nutrition

- I understand how to approach a horse safely
- I understand that horses can experience emotions like humans can
- I have met some of the Church Farm horses and been able to touch them
- I understand why animals need to be hydrated
- I have looked at some of the things that horses eat
- I have discussed some of the things that I eat
- I have been introduced to the five food groups (fruit and veg, carbohydrates, proteins, dairy, and sugars/fats) and the idea of a healthy balanced diet
- I have seen some of the brushes that are used to groom horses
- I've been able to begin grooming one of the horses at Church Farm



Module 2: Environment

- I've helped to check horses' water and hay
- I've had the opportunity to use different types of brushes on a horse
- I've had the opportunity to see different types of rugs being put on a horse
- I've helped to make sure the stable is clean and provides warmth and rest for the horses
- I've led one of the horses to their field
- I've practiced some 'grounding' exercises using nature to help me



Module 3: Health

- I've helped to check horses' stables are safe
- I've helped to check the horses' fields are safe
- I've taken part in a discussion about horse health and human health
- I've had the opportunity to practice grooming the horses
- I've had the opportunity to see a horses saddle and bridle and watch how these are fitted
- I've had the opportunity to sit on a saddle and hold the reins
- I've helped to tidy the yard and discussed why tidiness is important at the stables



Module 4: Behaviour

- I've practiced leading horses
- I've helped to prepare horses for exercise, and helped to exercise them
- I know more about horse behaviour than I did before
- I know more about how both horses and humans react to threats and change
- I've practiced my grounding techniques



Module 5: Wellbeing

- I've had the opportunity to ride a horse at walk and used the reins to steer
- I've practiced the skills learned so far (grooming, leading, stable management)
- I've had the opportunity to design my own 'handy pony' course in readiness for Module 6



Module 6: Self-esteem

- I've had the opportunity to ride or lead a horse at walk and used the reins to steer
- I've practiced the skills learned so far (grooming, leading, stable management)
- I've led or ridden a horse through the 'handy pony' course that I designed
- I've celebrated my achievements over the 6 week course and received my certificate